



↑**uplift**
choreography
by Brittany Byrnes

UPLIFTING ALLSTAR DANCE



verb | to raise the level of; improve.
noun | something that makes a person feel more cheerful, positive, or optimistic.

BRITTANY BYRNES

Judge, Choreographer, Coach, Allstar Educator

Head Coach: Team Australia Hip Hop | Co-Founder: Allstar Network Australia

Brittany Byrnes is one of Australia's most highly awarded choreographers and most in-demand Allstar educators. Her work as a choreographer, coach and judge has led her to success across Australia as well as internationally.

Brittany is one of few Australians to have judged at The Dance Worlds, after coaching Australia to its first ever Worlds medal. Now with 9 worlds medals (Team Australia and Bradshaw Elite) and a legacy of that has helped put Australia on the map, Brittany strives to use her knowledge and experience to support the growth of Australian Allstar Dance. She is an inspiring coach to her students, a mentor to coaches across Australia, and a world class judge and choreographer. Brittany is the full package in Allstar Dance.

Brittany heads Australia's first ever National Dance Team, a passion project aiming to bring together dancers from multiple studios across Australia. Brittany is proud that Team Aus Hip Hop sets example of strength in unity, and hopes that through Uplift she will continue to inspire the Australian community.

UPLIFTING ALLSTAR DANCE

Uplift Choreography is an experience. Whether you are looking for choreography, routine feedback, dance workshops, or coaches upskilling, you will leave an *Uplift* session feeling inspired. It's about enjoying our sport and enriching our community, and ensuring that we all rise together.

With over a decade of success in All Star Dance, *Uplift* choreography now connects with programs Australia-wide. Having worked with over 50 teams across the country in just 5 short seasons, Brittany has become passionate about fostering support and community. Australian dancers and coaches are some of the brightest talents in the world, and the *Uplift* mission is to support the growth of this incredible industry. *Uplift* is more than award winning routines. It is about athlete joy and empowerment. It is about inspiring and supporting coaches. Every session is tailored to your needs to bring out the best in you. We are here to *Uplift* your dancers, coaches, and program.





UPLIFTING ALLSTAR DANCE



Choreography | Allstar choreography for dance doubles and teams including Worlds teams. *Uplift* is more than choreography, it's an experience



Cleaning & Consulting | Elevate your routine through cleaning, upgrades, or a fresh approach to coaching. In person or virtual. Video consults available.



Workshops | A range of dance workshops in all styles including skills and technique. Build a range of technical and performance based skills in a fun team building environment that dancers will leave feeling *Uplifted*.

Coaches Education also available in partnership with the Allstar Network Australia





Choreography Packages

Styles offered: Jazz, Hip Hop , Pom, Lyrical, Kick

Full Team Choreography from \$1500

A custom All Star routine created to showcase your team in their best light. An *Uplift* routine gives you the tools to hit the score card, and an *Uplift* session will inspire and bring out the best in your dancers. With previous choreography earning gold titles across Australia and internationally including 8 Worlds medals, your routine is a custom construction that has been created with unparalleled knowledge and experience.

Routines are generally taught over 2x 3 hour sessions.

This is subject to change based on team size, athlete age, and experience level.

Brittany will work with you to create the most effective schedule for your teams.

Once choreography has been completed, Brittany is on hand to support you as you coach the team through your season. Upgrades and cleaning consults are available during competition season to help you evolve your routine and strengthen your execution over the season.

Duo Choreography from \$300

Custom all star dance double choreography. Brittany has choreographed dance doubles to multiple top 5 finishes representing Team Australia at ICU Worlds including Australia's first EVER Worlds medal (Silver, Team Aus Hip Hop Double 2011) and gold medals at AASCF Nationals, CopBrands Mexico, Global Games Hawaii, and CCA China. With unmatched success across all styles, *Uplift* ensures the highest quality duo choreography.

Duos are completed in 1x 3 hour session depending on age and genre.

Contact us for your quote | Packages available for multiple routines



upgrade

Routine Upgrades

If you have an existing routine that needs an extra set of eyes, we offer two options for cleaning and consulting to suit your needs and *Uplift* your next performance.

Video Critique: \$250

You provide: a video of your routine. You receive: a detailed verbal critique (up to 10 min of valuable feedback) plus a written report relating the critique back to specific sections of the scoresheet. You receive advice that equips your coaching staff to make your next training session count.

Most popular after your first event of the season, this is great for interstate clients or those who just want some extra feedback from a leading All Star judge.

In person session: from \$200/hr

In-person sessions can involve cleaning, choreography upgrades or both. (Please note: a choreography fee applies if you require large sections of choreography)

We work alongside your in-house coach and guide them to improve your routine. We will help your routine to level up, while also providing an invaluable experience for coaches and choreographers. Sessions are commonly 2-3 hours duration.

Cost breakdown

5+ athletes: min \$200 p/hr (\$20 per hour per athlete)

10+ athletes: min \$300 p/hr (\$15 per hour per athlete)

16+ athletes: min \$400 p/hr (\$12.50 per hour per athlete)



Turns & Tech

The *Uplift* approach to improving your dance technique. Learn new methods, drills and skill combinations, and dance together in a fun and supportive atmosphere.

We focus on skills, but the biggest takeaway is the inspiration and excitement an *Uplift* session generates. These classes are fun!

Choreography: Hip Hop, Jazz, Lyrical

Dancers are taught a fun combo in a positive, encouraging atmosphere. These classes challenge the dancers' ability to learn new choreography and to step outside their comfort zone to perform for their team mates. These classes are great for team bonding or as a mid-term treat, and are all about the *Uplift* vibe.

Cost breakdown

5+ athletes: \$20 per hour per athlete

10+ athletes: \$15 per hour per athlete

16-24 athletes: \$12.50 per hour per athlete



Coaches Training

Uplift is partnered with the Allstar Network Australia, cofounded by Brittany to provide education and professional development to judges and coaches.

Contact Brittany to book a zoom session, or to arrange an in-house session in your studio. Choose genre specific education or scoresheet comprehension, a session with ANA can be tailored to your needs and is an invaluable way to upskill your coaching team.



Pricing:

\$50 per coach per session

\$150 flat minimum for less than 3 coaches.



Answering your FAQs

Travel:

For all interstate teams, all travel costs including flights, accommodation and airport pickup will need to be covered by the team. *Uplift* is responsible for booking flights and this will be a line item on your invoice.

For teams based outside of the Sydney-metro area, a travel fee of \$20 per hr to cover petrol and expenses is charged.

Deposit:

Full payment or a minimum deposit of 50% is required in order to secure your booking date. Balance must be paid within 2 weeks of the completion of your choreography.

Music:

Team coach is required to source their own music. Having your coach choose the song increases satisfaction with your final result.

For Pom/Hip hop mixes, *Uplift* Choreography recommends Distinct Productions. *Uplift* has the capacity to supply basic Hip Hop mixes only, available for \$250

Coaches:

All choreography purchased through *Uplift* is created by Brittany Byrnes. Due to increased demand assistant may be arranged to teach at your studio during busy periods. In this case this will be communicated to you when booking. All *Uplift* assistants are highly qualified and experienced and have also been selected for the team due to their ability to uphold the standard of the *Uplift* experience. Unless expressly communicated, assistants will be teaching your choreography as created by Brittany.

#westeppedup



Client Testimonials

We have had the honour of utilising Brittany for many of our competitive dance team's choreography over the last 3 seasons and wouldn't consider using anybody else. Brittany knows exactly how to give our athletes the perfect routine each and every time, no matter the age or level. Her extensive knowledge of the scorecard ensures they are ticking all the boxes, and as a bonus she's a great role model for the athletes. Brittany is so approachable and easy to communicate with, we always look forward to having her back for the following season. Thankyou Brit!

Oxygen Allstars, NSW

Brit has worked with Outlaws Allstars since 2022. She has been the pom, lyrical, and jazz choreographer for the Open Elite IASF teams in Queensland since it established and returns every year to choreograph new routines. Brit is very adaptable and will always take the time to create successful routines for us. She is extremely hardworking and passionate about dance, inspiring our dancers to perform and work to their best. Brit is very professional in the way she works. She is always prepared weeks in advance, works to a high standard, and creates routines that showcase our dancers' strengths. We are always very impressed with both her creativity and work ethic. Brit has exceptional communication skills and will always keep in the loop about each routine. Outlaws Dance QLD has had immense success at several competition events including Nationals, and we are very grateful for Brit's guidance to help us achieve this. We look forward to working with her in the seasons to come.

Outlaws Allstars, QLD

Since 2019 Brittany has choreographed many successful jazz, pom, and hip hop routines, and continues to inspire and impress the QUT dance teams with her innovative choreography each year. She is well organised and has the routines prepared before arriving and works to the dancers' abilities and strengths throughout the choreography intensives. Brit has always kept in contact with us to ensure the routines are improving and succeeding further after each competition. She holds a high standard for her work and is very dedicated to her role within the dance industry. The dancers at QUT are so grateful to work with Brit!

QUT Cheer and Dance, QLD

Working with Britta was absolutely amazing. She took the time to go through every part of the routine with us in depth and even sent videos after to help us clarify things! All our athletes loved the routine she created and we had a blast learning it. As a bonus, the routine has done extremely well at competitions this season. I highly recommend Britta and we will be using her again!

Empire Elite, QLD

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Choreography '22-23: Bradshaw Dance and Cheer, Diamond Dance Co., Formation Dance Training, Full Force Dance and Cheer, Geelong Elite, Outlaws All Stars, SBDS Dance and Cheer, QUT Cheer and Dance, Studio X Dance Co.

Team Australia Hip Hop 2023

Consulting '22-23: Attitude Dance Centre, The Dance Affinity, Geelong Elite, Inferno Dance and Cheer, NRG Studios Allstars, Powerhouse Elite, Studio X Dance Co.



clients



contact us



www.brittanybyrnes.com



[@uplift.choreography](https://www.instagram.com/uplift.choreography)



upliftchoreography@gmail.com

Ready to step *Up?*

Contact us via email or instagram

Brittany will be in touch to discuss your team,
routine, goals, and requirements.

You will then be sent a booking form and invoice.
Please note, your team's booking can only be held
once the deposit (50%) has been received.

Enjoy your Choreography and your experience with *Uplift!*

contact